

# TRANSFORM INTO AN... INSPIRING LEADER

Empower Yourself to Enhance & Advance Personally & Professionally

**D**o you desire a workforce that wants to come to work, be part of the team and create an environment with more productivity, creativity and focus? Inspiring leaders create workforce engagement. Effective leaders inspire others to attain their greatest capabilities. These skills are not innate, but they can be acquired. It's the strong and capable that are willing to ask for assistance from someone who sees what they cannot.

Are you ready to learn the skills you need to advance your career and become an inspiring and effective leader?

**Then You Are Ready for a Coach Like JULIE ANN SULLIVAN.**

Julie Ann believes when people are presented with new perspectives they have increased opportunities in their professional and personal lives. Her expertise lies in communication, collaboration and finding successful techniques for dealing with change. Her experience as a keynote speaker, facilitator, trainer and coach has enhanced CEOs, vice presidents, managers and directors to live more productive, focused and successful lives.

Julie Ann has the ability to really listen. She is intuitive, sensitive and believes each individual is accountable for their actions and attitude.

**Are You Ready to Be an INSPIRING LEADER?**

Contact Julie Ann Sullivan at **724-942-0486**  
to discuss a customized coaching process for you.

*"Julie Ann Sullivan compels you to reach deep inside to places that you have habitually hidden from the world to open up yourself to begin your journey of new experiences. If you take control of this challenge with Julie Ann Sullivan guiding your path, you begin to see and unleash your hidden strengths, talents, and positive energy. I highly recommend Julie Ann Sullivan to those who feel that they are ready to embrace her challenge to make a positive transformation"*

– **AMY NOON, HR DIRECTOR, MCANENY BROTHERS**

*"I invested my valuable time into someone that was invested in me. Julie Ann brought wisdom and insight. She helped me break my ideas and thoughts down so they were manageable, focused and achievable."*

– **F. GRACE, ENTREPRENEUR**

## KEY ASPECTS OF COACHING

### COMMUNICATION SKILLS

Listening  
Strategic Use of Words

### ROR...RETURN ON RELATIONSHIPS

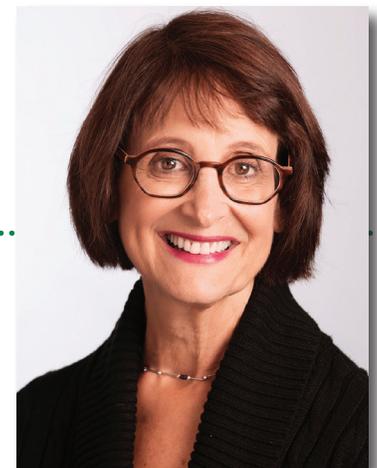
Co-workers  
Customers

### GOAL SETTING

S.M.A.R.T.

### BEING ACCOUNTABLE

HAVING FUN



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