



# JULIE ANN SULLIVAN

## The Attitude Enhancer<sup>SM</sup>

JulieAnnSullivan.com



### Managing Change: Finding Opportunities (HRCI certified)

“It is not the strongest of the species that survive, nor the most intelligent, but the one most responsive to change.”  
Charles Darwin

Managing change in the workplace is an ongoing process. Sometimes what is happening in an organization is out of your control. It is how you react to change that makes the difference. Accepting the inevitability of unforeseen circumstances is imperative to managing the stress inherent in these situations. The importance of recognizing personal barriers, and how they relate to accepting change, will reveal opportunities that naturally exist within every new challenge.

#### Learning Objectives:

- Realize the correlation between individual behavior and the organization
- Identify barriers
- Learn techniques to embrace change
- Find hidden opportunities
- Discover how attitude effects outcome



#### BIOGRAPHY

Julie Ann Sullivan, known as the Attitude Enhancer, is a professional speaker, trainer and consultant. She has been deliberately studying human behavior every day for decades. She is the Founder of Learning Never Ends, a company whose purpose is to create a more positive culture, one person at a time. She has a diverse educational background which includes a BA in Psychology and an MBA in Accounting. Julie Ann was a CPA and spent decades involved in the financial industry and the corporate world. As a Professional Speaker, she has spoken for companies and organizations such as, McDonald's USA, the City of Pittsburgh, Duquesne University, Highmark and Bayer US. Her programs are known for her expertise, innovation, humor and engagement of her participants. Each program is tailored to the specific needs of her client.

Julie Ann is a Professional member of the National Speakers Association and an accomplished author.

She is an avid volunteer as a Board member of Pittsburgh's National Speakers Association, Zonta International, and Pittsburgh Dance Council. Julie Ann also spent four years as a School Board Director.

Julie Ann's ultimate goal is to create the Best Place to Work for all involved, internal talent, customers and the community.

*“Thank you for providing interactive development sessions for all staff members on the opening day of the new school year. Many of the participants stated that the program exceeded their expectation and contributed to the “best first day ever.” The sessions on “laughter” and “change” were enlightening as well as entertaining. We appreciate your knowledge and passion and are approaching each day with a focus to increase our effectiveness in working cooperatively to achieve goals.”*

**Dr. Cheryl A Griffith, Ed.D. Superintendent**  
**Allegheny Valley School District**